

**buroseating**  
ergonomics at work®

[buroseating.com](http://buroseating.com) / [dalbrands.com.au](http://dalbrands.com.au)

# Buro Seating ERGONOMIC RANGE

Including Ergonomic Assessments  
by Andrew Wilson-Osteopath & Ergonomist

AU V2

Distributed  
exclusively by

**Dal**  
Brands.

  
**ergosafe**  
ergonomic excellence  
by buro seating

**At Buro Seating we want people to  
sit well & perform well at work.  
That's why we research, ergonomically  
design & manufacture our chairs so they  
can be tuned to fit the body.**



## Buro Seating

Ergonomics at work

Buro Seating is a leading wholesaler of quality ergonomic seating in New Zealand and Australia. With over 20 years experience designing, manufacturing and wholesaling of commercial seating, Buro has established a reputation for quality ergonomic products and service.

Buro has offices, warehouses and showrooms in Auckland and Christchurch, and an office and showroom in Brisbane. In Australia Buro seating ranges are on display in Dal Brands' showrooms (Buro's exclusive Australian distributor).

Our customer proposition includes an extensive seating range of commercial seating for all business applications. As a seating specialist we are able to offer our customers a range of benefits, including:

- An extensive seating range covering virtually all commercial seating applications
- Delivery of 'ready to assemble' product within 3-5 days in main cities.
- Specialist Account Managers
- A dedicated Product Training Manager
- Ongoing product design, sourcing, development and manufacturing

## ErgoSafe

Ergonomic excellence by Buro Seating

The ErgoSafe logo is a seal of ergonomic excellence by Buro Seating.

The ErgoSafe logo stands safely alongside selected chairs which sit within our ergonomic range.



## Andrew Wilson

Osteopath & Ergonomist

### Andrew Wilson proudly supporting Buro Seating in Ergonomic Excellence.

Andrew Wilson is an Osteopath and Ergonomist practising from Tauranga New Zealand. Andrew has a successful osteopathic clinic and in the 1990's realised many of his patients were developing long term symptoms as a result of the rapid computerisation of the office and home environment.



Andrew began a long-term study into healthy work environments, and published 2 books. *Are You Sitting Comfortably?*, and *The Complete Guide to Good Posture*.

With the success of these books Andrew has been in demand for work place assessments and has helped many individuals and companies manage their work environments. He has consulted extensively to the office furniture industry throughout Australasia. He provides reports on design and product development to many developers and he is proud to be associated with Buro Seating in New Zealand and Australia. Andrew travels and studies extensively to keep up with international trends in ergonomics and he is committed to improving work environments in New Zealand and Australia.

## Ergonomic Assessments

By Andrew Wilson

Buro <b>Vela High Back</b>	<b>02-03</b>
Buro <b>Mentor</b>	<b>04-05</b>
Buro <b>Roma 3 Lever</b>	<b>06-07</b>
Buro <b>Metro</b>	<b>08-09</b>
Buro <b>Metro II</b>	<b>10-11</b>
Buro <b>Metro II HB 24/7</b>	<b>12-13</b>
Buro <b>Aura Ergo+</b>	<b>14-15</b>
Buro <b>Active Metro II Connect</b>	<b>16-17</b>
Buro <b>Posturite</b>	<b>18-19</b>

# Enhancing comfort

## **buroseating**

### **ERGONOMIC ASSESSMENT**

by Andrew Wilson

#### **BURO VELA HIGH BACK CHAIR**

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***“An excellent all-round chair, with no obvious faults that would suit a wide range of users. I particularly like the default posture which encourages a forward thigh tilt posture. The excellent self-weighting tension mechanism encourages the user to use the dynamic features which make a synchro chair so beneficial. The stretch fabric manages to be comfortable and supportive.”***

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**ANDREW WILSON  
OSTEOPATH & ERGONOMIST  
27 MAY 2018**

Please visit the resources section of our website at  
**[www.buroseating.com/resources](http://www.buroseating.com/resources)**  
to view a detailed version of Andrew Wilson's  
assessment of the Buro Vela HB chair.





RH - optional headrest  
LH - featured in grey custom upholstery

## Buro Vela High Back

### Code

· 140A-43



### Fabric/Colours

Elastic III



153 Black<sup>1</sup>



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### Features

- Contoured Polyurethane moulded foam seat
- Synchronised seat & backrest angle with 4 position locking adjustment
- Superior self weighting tension adjustment, adjusts automatically
- Depth adjustable seat slide
- Black nylon base & 60mm soft PU castors
- Adjustable lumbar support
- Height, depth & angle adjustable arms with soft PU pads
- AFRDI 142 - Certified to 135kg - Single Shift operations

### Custom Options

- Vela Headrest - Black (140-HDREST)
- Polished Aluminium Base (PC199)
- Vela Mid Back without arms\* (141-43)
- Customer specified fabric

### Specifications (mm)

Overall	670w / 640d / 1020h
Back	485w / 590h
Seat	515w / 480d
Seat Height	475-595h
Seat Depth Range <sup>2</sup>	425-475d

### Buro Quality & Ergonomic Assurance



#### AFRDI Standard:

AFRDI 142 - rated loads for office swivel chairs at 135kg - Single Shift operations - Nylon base model only.

<sup>1</sup>Indent only. <sup>2</sup>Same day dispatch. <sup>2</sup>Measured from back lumbar to front seat edge.

Featured: High back

1. High back (custom upholstery) 2. High back, Aluminium base, headrest



Featured in custom upholstery

## Buro Mentor

### Code

- 132-M3 (Nylon base)
- 132C-M3 (Polished base)



### Fabric/Colours

Elastic III



153 Black<sup>1</sup>



buroseating



### Features

- High density polyurethane moulded seat foam
- Synchronised seat & backrest angle with 4 position locking adjustment
- Superior self weighting tension adjustment, adjusts automatically
- Depth adjustable seat slide
- Black nylon or polished aluminium base
- Adjustable lumbar support
- 60mm soft PU castors
- AFRDI 142 - Certified to 135kg - Single Shift operations

### Custom options

- Height, depth & angle adjustable arms with soft PU pads (182-1)
- Customer specified fabric (seat only)

### Specifications (mm)

Overall	635w / 640d / 1020h
Back	485w / 575h
Seat	515w / 480d
Seat Height	475-595h
Seat Depth Range <sup>2</sup>	425-475d

### Buro Quality & Ergonomic Assurance



Featured: Nylon base

1. Nylon base, with arms 2. Aluminium base 3. Aluminium base, with arms (custom upholstery)

AFRDI Standard:

AFRDI 142 - rated loads for office swivel chairs at 135kg - Single Shift operations - Nylon base model only

<sup>1</sup> Same day dispatch. <sup>2</sup> Measured from back lumbar to front seat edge

# **buroseating**

## **ERGONOMIC ASSESSMENT**

by Andrew Wilson

### **BURO MENTOR CHAIR**

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***"A very comfortable chair. The ingenious self-weighting synchro mechanism automatically adjusts to the user's body weight, requiring no adjustment of the levers, and encouraging frequent postural variation - which has been shown to reduce fatigue and discomfort. I particularly like the default posture which encourages an open trunk to thigh angle. It is almost impossible to sit in a poor posture! An excellent all-round dynamic chair, that would suit a wide range of users."***

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**ANDREW WILSON  
OSTEOPATH & ERGONOMIST  
25 FEBRUARY 2018**

Please visit the resources section of our website at  
[\*\*www.buroseating.com/resources/\*\*](http://www.buroseating.com/resources/)  
to view a detailed version of Andrew Wilson's  
assessment of the Buro Mentor chair.

# **buroseating**

## **ERGONOMIC ASSESSMENT**

by Andrew Wilson

### **BURO ROMA 3 LEVER HIGH BACK CHAIR**

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***“A very comfortable 3 lever chair with very comfortable and supportive seat and back rest. An excellent range of adjustments with particularly good lumbar support, that will suit a wide range of users. A very good, fully adjustable, all-round chair.”***

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**ANDREW WILSON  
OSTEOPATH & ERGONOMIST  
12 AUGUST 2017**

Please visit the resources section of our website at  
**[www.buroseating.com/resources/](http://www.buroseating.com/resources/)**  
to view a detailed version of Andrew Wilson's  
assessment of the Buro Roma 3L HB chair.





## Buro Roma 3 Lever

### Code

- 217 (High Back)
- 219 (Mid Back)



1.

### Fabric/Colours

Jeft - 2 yr guarantee on fabric\*



FY61  
Dark Blue<sup>1</sup>



FY62  
Charcoal



FY63  
Black<sup>1</sup>



FY64  
Green



FY66  
Red



## buroseating



### Features

- 130 x 48mm gas lift
- Ratchet height adjustable back/lumbar
- Independently adjustable seat angle – free floating or lockable
- Independently adjustable back rest angle – free floating or lockable
- High density polyurethane moulded seat foam
- D1 nylon base & 60mm twin wheel castors
- Available in mid back or high back
- Supported by the internationally recognised Global GreenTag Cert™

### Custom Options

- Seat slide mechanism (B34191P)
- Height and width adjustable arms (180-2)
- Polished aluminium base (PC068)
- Soft PU castors (CE1121P)
- Small seat 480w x 470d (mm) (B74612F)
- Customer specified fabric

### Specifications (mm)

Overall	630w / 600d / 1180h (HB) / 1120h (MB)
Back	450w / 535h (HB) / 445h (MB)
Seat	520w / 490d
Seat Height	465-595h

### Buro Quality & Ergonomic Assurance



<sup>1</sup> Same day dispatch. \*T&C - buroseating.com

**Featured:** High back  
1. Mid back with arms



## Buro Metro

### Code

- 202-N-103 (Nylon base)
- 202-103 (Polished Aluminium base)



### Fabric/Colours

Zen



103 Black<sup>1</sup>



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### Features

- Adjustable seat height
- Ratchet height adjustable back
- Independently adjustable seat tilt - free floating or lockable
- Independently adjustable back tilt - free floating or lockable
- High density polyurethane moulded foam seat
- Black nylon base or polished aluminium base (with reflective powder coated gas lift)
- Meets Australian/New Zealand Standard AS/NZS 4438:1997 – Height Adjustable Swivel Chairs
- Supported by the internationally recognised Global GreenTag Cert™

### Custom options

- Height and width adjustable arms (180-2)
- Soft PU castors (CE1121P)
- Depth adjustable seat slide (B34101P)
- Small seat 480w x 470d (mm) (B74612F)
- Customer specified fabric (seat only)

### Specifications (mm)

Overall	630w / 610d / 995h
Back	470w / 530h
Seat	520w / 490d
Seat Height	465-595h
	480-610h (with seat slide)
Seat Depth Range <sup>2</sup>	475d (without seat slide)
	455-505d (with seat slide)

### Buro Quality & Ergonomic Assurance



<sup>1</sup> Same day dispatch. <sup>2</sup> Measured from back lumbar to front seat edge.

Featured: Aluminium base

1. Aluminium base, with arms 2. Nylon base 3. Nylon base, with arms

# Supporting optimal wellbeing

## **buroseating**

### **ERGONOMIC ASSESSMENT**

by Andrew Wilson

#### **BURO METRO CHAIR**

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***“This is a very comfortable mesh back 3 lever chair. It has a particularly impressive seat and a comfortable back rest, with no pressure points. The even distribution of contact pressure felt on the upper lumbar and lower thoracic spine, provides extra support for good posture, reduced tension and improved circulation. Its mechanism is easy to use and it will suit many users.”***

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**ANDREW WILSON  
OSTEOPATH & ERGONOMIST  
30 MARCH 2018**

Please visit the resources section of our website at  
**[www.buroseating.com/resources/](http://www.buroseating.com/resources/)**  
to view a detailed version of Andrew Wilson's  
assessment of the Buro Metro chair.

# **buroseating**

## **ERGONOMIC ASSESSMENT**

by Andrew Wilson

### **BURO METRO II CHAIR**

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***“This is a very comfortable mesh back 3 lever chair. It has a particularly impressive seat and a comfortable back rest, with no pressure points. Its mechanism is easy to use and it will suit many users.”***

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**ANDREW WILSON  
OSTEOPATH & ERGONOMIST  
13 MARCH 2018**





## Buro Metro II

### Code

- 222-N-153 (Nylon base)
- 222-153 (Polished Aluminium base)



### Fabric/Colours

Elastic III



153 Black<sup>1</sup>



buroseating



### Features

- AFRDI certified gas lift
- AFRDI certified ratchet height adjustable back
- AFRDI certified independently adjustable seat tilt - free floating or lockable
- AFRDI certified independently adjustable back tilt - free floating or lockable
- Black nylon base (B10141P) or polished aluminium base (B15531C) (with reflective powder coated gas lift)
- AFRDI certified high density polyurethane moulded foam seat
- AFRDI certified 60mm castors
- Supported by the internationally recognised Global GreenTag Cert™

### Custom Options

- AFRDI certified height & width adjustable arms (180-2)
- Soft PU castors (CE1121P)
- AFRDI certified 3 lever with seat slide (B34101P)
- AFRDI certified 4 lever mechanism with deluxe seat tilt & tension adjustment
- Small seat 480w x 470d (mm) (B74612F)
- Customer specified fabric (seat only)

### Specifications (mm)

Overall	630w / 610d / 995h
Back	470w / 530h
Seat	520w / 490d
Seat Height	470-600h
	485-615h (with seat slide)
Seat Depth Range <sup>2</sup>	480d
	450-500d (with seat slide)

### Buro Quality & Ergonomic Assurance



<sup>1</sup> Same day dispatch. <sup>2</sup> Measured from back lumbar to front seat edge.

Featured: Nylon base

1. Nylon base with arms 2. Polished aluminium base



Featured in custom upholstery

## Buro Metro II High Back 24/7

### Code

· 224-153-SS



### Fabric/Colours

Elastic III



153 Black<sup>1</sup>



**buroseating**



1.

### Features

- Adjustable seat height
- Ratchet height adjustable back
- Independently adjustable seat tilt - free floating or lockable
- Independently adjustable back tilt - free floating or lockable
- Depth adjustable seat slide
- High density polyurethane moulded foam seat
- Polished aluminium base & 60mm castors
- Reflective powder coated gas lift
- Meets Australian/New Zealand Standard AS/NZS 4438:1997 – Height Adjustable Swivel Chairs

### Custom Options

- Black nylon base (B10132P)
- AFRDI certified height & width adjustable arms (180-2)
- Soft PU castors (CE1121P)
- AFRDI certified 4 lever seat slide mech & deluxe seat tilt/tension adjustment
- Small seat 480w x 470d (mm) (B74612F)
- 100mm gas lift for seat height range 465-560 (mm)
- Customer specified fabric (seat only)

### Specifications (mm)

Overall	630w / 650d / 1150h
Back	470w / 560h
Seat	520w / 490d
Seat Height	485-615h
Seat Depth Range <sup>2</sup>	465-515d

### Buro Quality & Ergonomic Assurance



### AFRDI Standard:

AFRDI 142 - rated loads for office swivel chairs at 160kg - Multiple Shift operations & AS/NZS 4438:1997 - Height Adjustable Swivel Chairs at Level 6 - Severe Commercial.

<sup>1</sup>Same day dispatch. <sup>2</sup>Measured from back lumbar to front seat edge.

<sup>3</sup>Buro indicative daily sitting hrs: 16+ with 2 yr guarantee. <sup>4</sup>Buro indicative daily sitting hrs: 8+ with 10 yr guarantee. <sup>5</sup>Buro 24/7 chairs are designed and tested for use in multi-shift environments

Featured: Aluminium base  
1. Aluminium base, with arms

# **buroseating**

## **ERGONOMIC ASSESSMENT**

by Andrew Wilson

### **BURO METRO II HIGH BACK 24/7 CHAIR**

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***“A very comfortable mesh back 3 lever chair.***

***It has a particularly impressive seat and a comfortable back rest with no pressure points.***

***The added height with the extra lumbar support with the back rest is a valuable addition. The bonus of a depth adjustable seat slide render this the standout chair in the Metro family. An excellent all-round chair with a wide range of adjustments that are easy to use and will suit a wide variety of people.***

***The additional adjustability is particularly suited to taller users.”***

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**ANDREW WILSON  
OSTEOPATH & ERGONOMIST  
12 AUGUST 2017**

Please visit the resources section of our website at  
**[www.buroseating.com/resources/](http://www.buroseating.com/resources/)**  
to view a detailed version of Andrew Wilson's  
assessment of the Buro Metro II High Back 24/7 chair.

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## **ERGONOMIC ASSESSMENT**

by Andrew Wilson

### **BURO AURA ERGO+ CHAIR**

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***“An excellent and robust 3 lever chair with a good range of adjustments and very good seat and back rest profile.”***

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**ANDREW WILSON  
OSTEOPATH & ERGONOMIST  
23 OCTOBER 2018**

Please visit the resources section of our website at  
[\*\*www.buroseating.com/resources/\*\*](http://www.buroseating.com/resources/)  
to view a detailed version of Andrew Wilson's  
assessment of the Buro Aura Ergo+ chair.





## Buro Aura Ergo+

Code  
· 119HB



### Fabric/Colours

Jett - 2 yr guarantee on fabric\*

Dillon PU



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### Features

- Adjustable seat height
- Ratchet height adjustable back/lumbar
- Independently adjustable seat tilt - free floating or lockable
- Independently adjustable back tilt - free floating or lockable
- Depth adjustable seat slide
- Polyurethane moulded foam
- Heavy duty AFRDI certified nylon base
- Meets Australian/New Zealand Standard AS/NZS 4438:1997 – Height Adjustable Swivel Chairs
- 60mm twin wheel castors
- Supported by the internationally recognised Global GreenTag Cert™

### Custom Options

- Polished aluminium base (PC068)
- Height and width adjustable arms (180-3)
- Soft PU castors (CE1121P)
- Customer specified fabric

### Specifications (mm)

Overall	630w / 610d / 1030h
Back	430w / 560h
Seat	490w / 470d
Seat Height	450-580h
Seat Depth Range <sup>2</sup>	460-510d

### Buro Quality & Ergonomic Assurance



<sup>1</sup> Same day dispatch. <sup>2</sup> Measured from back lumbar to front seat edge. \*T&C - buroseating.com.

Featured: Nylon base, Dark blue Jett  
1. Nylon base with arms, Red Jett 2. Polished all base, Dillon PU



Featured in custom upholstery

## Buro Active Metro II Connect

### Code

· 212-153-DYN



### Fabric/Colours

Elastic III



153 Black<sup>1</sup>



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1.



2.

### Features

- Ratchet height adjustable back
- AFRDI certified polyurethane moulded foam
- Depth adjustable back
- 360 degree pivoting base
- Wide nylon base for extra balance

### Custom Options

- Customer specified fabric (seat only)
- 200mm intermediate gas lift (111-1)
- AFRDI certified height & width adjustable arms (180-2)
- Soft PU castors (CE1121P)
- Small Seat 480w x 470d (mm) (B74612F)

### Specifications (mm)

Overall	640w / 680d / 935h
Back	430w / 460d
Seat	520w / 490d
Seat Height	470-600h

### User Instructions

The Active Metro II Connect chair is designed to move and support active movement and accommodate users up to 120kg. To enjoy the active seating experience with safe operation, it is important the user's weight is fully supported at all times by their feet being in contact with a flat floor surface.

### Buro Quality & Ergonomic Assurance



<sup>1</sup> Same day dispatch.

Featured: Standard model

1 & 2 Demonstrating the 360 degree pivoting 'active' base

maximising workplace productivity

## **buroseating**

### **ERGONOMIC ASSESSMENT**

by Andrew Wilson

#### **BURO ACTIVE METRO II CONNECT CHAIR**

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***“The active base is an excellent ergonomic addition to conventional seating. It can assist in muscle and joint movement and fluid flow leading to reduced fatigue, foot swelling and spinal compression. The added stimulation of sensory nerve endings is likely to reduce conscious awareness of pain or pressure points.”***

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**ANDREW WILSON  
OSTEOPATH & ERGONOMIST  
7 JUNE 2018**

Please visit the resources section of our website at  
**[www.buroseating.com/resources/](http://www.buroseating.com/resources/)**  
to view a detailed version of Andrew Wilson's  
assessment of the Buro Active Metro II Connect chair.

# **buroseating**

## **ERGONOMIC ASSESSMENT**

by Andrew Wilson

### **BURO POSTURITE STOOL**

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***"A neatly designed perching stool, with a clever seat profile, allows a well-balanced, high sitting posture. It is much more comfortable than a kneeler chair, saddle seat or swiss ball. It can be used as a task chair for hairdressers, beauty therapists, laboratory workers etc, or as an alternative sitting posture midway between sitting and standing when using a sit to stand desk."***

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**ANDREW WILSON  
OSTEOPATH & ERGONOMIST  
18 APRIL 2018**

Please visit the resources section of our website at  
[\*\*www.buroseating.com/resources/\*\*](http://www.buroseating.com/resources/)  
to view a detailed version of Andrew Wilson's  
assessment of the Buro Posturite stool.





## Buro Posturite Stool

### Code

- 130-V3 (Vinyl)
- 130-63 (Black fabric)



### Fabric/Colours

Vinyl Jett - 2 yr guarantee on fabric\*



V3 Black\*



FY63 Black



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### Features

- Adjustable seat height
- Adjustable seat tilt
- Chair glides

### Custom Options

- Customer specified fabric
- Polished aluminium base (PC068)
- Castors (PC001)
- Soft PU castors (CE1121P)

### Specifications (mm)

Overall	605w / 595d / 620h
Seat	410w / 370d
Seat Height	620-875h

### Buro Quality & Ergonomic Assurance



\*T&C - buroseating.com.

Featured: Standard model

**“I particularly like the default posture which encourages a forward thigh tilt posture. The excellent self-weighting tension mechanism encourages the user to use the dynamic features which make a synchro chair so beneficial.”**

**Buro Vela Ergonomic Assessment - Andrew Wilson, Osteopath & Ergonomist**





## Buro Seating

## ERGONOMIC RANGE

ERGONOMIC EXCELLENCE  
By Buro Seating  
AUSTRALIA / V2

The information within this brochure  
is subject to change without notice.

**DAL**  
P 03 9775 1622  
3 Capital Place, Carrum Downs,  
Melbourne, VIC, Australia  
w dalbrands.com.au



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